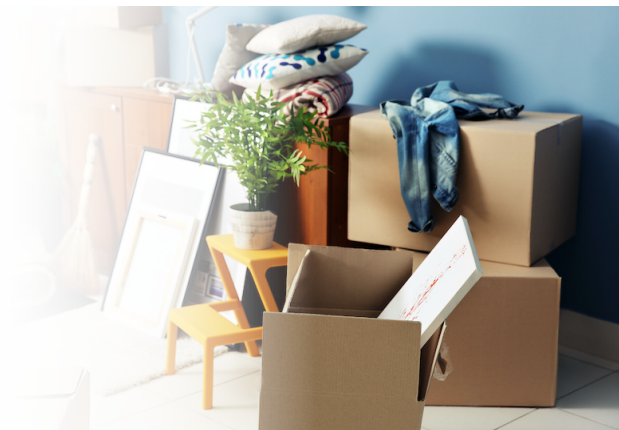


# Packing List for Moving to a Memory Care Community



## Furniture and Room Set-up

- ☐ Your loved one's favorite comforter or blanket.
- ☐ Furniture that is familiar, as well as functional.
- ☐ Artwork or décor that is familiar to your loved one.
- ☐ Clock with a large font that is easy to read.
- ☐ Television and/or radio. This may also include CDs or playlists of favorite songs.
- ☐ Easy remote control for the TV.
- ☐ Additional lamps, as well as night lights.
- ☐ Contrasting colors for visual ease.

## Clothing

- ☐ Washable clothing that won't shrink.
- ☐ Labels on all of your loved one's clothing.
- ☐ Shoes that are comfortable, nonskid, and properly fitted.
- ☐ Cardigans, sweaters, or vests that your loved one can wear.
- ☐ Labeling glasses or hearing aids.

## Personal Hygiene

- ☐ Toiletries, make-up, costume jewelry, a toothbrush holder, and a cup.
- ☐ Hand soap and body wash - preferably in a pump container.
- ☐ An additional set of towels, washcloths, and bed linens.
- ☐ Labels for all their toiletries.

## Items to Avoid

- ☐ Over-the-counter medications
- ☐ Cleaning supplies and/or cleaning wipes.
- ☐ Sharp objects like scissors, razors, nail clippers, metal nail files, and kitchen knives.
- ☐ Alcohol, cigarettes, and lighters.
- ☐ Area rugs, as they can be a tripping hazard.
- ☐ Financial items like a Social Security card, checkbook, or active credit cards.
- ☐ Small electrical appliances like coffeepots, toasters, fans, or irons.
- ☐ Items that could be dangerous if ingested — paint, toiletries, nail polish remover, etc.